

PROGRAM: 9TH EUROD WINTER MEETING JANUARY 2026

THEME:

CKD-associated Osteoporosis and Cardiovascular disease in Kidney Transplantation

***** Wednesday, Jan 14, 2026 *****

10:00 – 12:00 EUROD Steering Committee Meeting (St. Barbara, on invitation)

13:00 – 14:15 Clinical Hot Topics: Cardiovascular

14:15 – 15:15: Coffee break and Posters

15:15 – 16:30: Clinical Hot Topics: Bone

18:30 – Meet & Greet in Leuven (Venue TBD)

19:30 – Faculty Dinner – on invitation

***** Thursday, Jan 15, 2026 *****

08:00 – 11:00: EUROD consensus meeting (St. Barbara, on invitation)

09:00 – 10:30: Young Investigator Session: Treating CKD-associated Osteoporosis

10:30 – 11:00: Coffee Break

11:00 – 12:30: Satellite symposium: mineral metabolism and bone in rare renal diseases

12:30 – 13:30: Lunch

13:30 – 15:00: Research Forum part 1

15:00 – 16:00: Coffee and Posters

16:00 – 17:30: Research Forum part 2

19:00: Network Dinner (De Optimist, registration necessary)

***** Friday, Jan 16, 2026 *****

09:00 – 16:30 CME: CKD-associated Osteoporosis and Cardiovascular disease in Kidney Transplantation

***** Wednesday, Jan 14, 2026 *****

This session aims to provide an update on the assessment and treatment of bone and vascular disease in CKD, by state-of-the-art lectures on current topics in the fields of CKD-associated cardiovascular disease and osteoporosis.

13:00 – 14:15 Clinical Hot Topics: Cardiovascular

Chairs: Smeeta Sinha & Antonio Bellasi

- 13:00 – 13:20: *Anti-coagulation in CKD: Time to switch to DOAC?* (Gunnar Heine, Frankfurt am Main, Germany)
- 13:25 – 13:45: *Calprotectin – true target or misnomer in vascular calcification?* (Julie Klein, Toulouse, France)
- 13:50 – 14:10: *Metabolic acidosis: An appealing therapeutic target in CKD?* (Nilufar Mohebbi, Zurich, Switzerland)

14:15 – 15:15: Coffee break and Posters

15:15 – 17:00: Clinical Hot Topics: Bone

Chairs: Hanne Skou Jørgensen & Carlo Alfieri

- 15:15 – 15:35: *Best clinical papers of 2025 in CKD-associated osteoporosis* (Michael Laurent, Boneheiden, Belgium)
- 15:40 – 16:00: *EUROD Consensus 2025: Utility of bone turnover markers in CKD* (Mathias Haarhaus, Stockholm, Sweden)
- 16:05 – 16:25: *Anabolic therapy – a promising option for CKD patients with high fracture risk?* (Kassim Javaid, Oxford, United Kingdom)

18:30 – Meet & Greet in Leuven

***** Thursday, Jan 15, 2026 *****

09:00 – 10:30: Clinical Workshop: Treating CKD-associated Osteoporosis

Chairs: Maria Fusaro & Marie-Helene Lafage-Proust

CKD-associated osteoporosis remains a challenge for the clinician – evidence-based treatment and monitoring protocols are non-existent. Still, to address the treatment gap, and ease the fracture burden in our patient population, therapeutic nihilism must be avoided. This workshop will focus on practical treatment protocols of CKD-associated osteoporosis. Participants will discuss common clinical cases and strategies for treatment, monitoring and evaluation of therapeutic response with leading experts in the field. Participants rotate between two sessions of 40 minutes to discuss clinical cases in small groups, followed by Q&A with the session experts.

- **09:05 – 09:45 & 09:50 – 10:30: Treatment algorithms in CKD-associated osteoporosis: Anti-resorptive therapy – choice of agent, safety concerns and supportive treatment** (Expert panel: Antoine Bouquegneau, Liege, Belgium, Mathias Haarhaus, Stockholm, Sweden & Marie-Helene Lafage-Proust, St.Etienne, France)
- **09:05 – 09:45 & 09:50 – 10:30: Treatment algorithms in CKD-associated osteoporosis: Anabolic and combination therapies – indications, choice of agent, safety concerns, monitoring and consolidation** (Expert panel: Simona Barbuto, Bologna, Italy, Thomas Nickolas, St. Louis, US & Kassim Javaid, Sheffield, UK)

10:30 – 11:00: Coffee Break

11:00 – 12:30: Satellite symposium – mineral metabolism and bone in rare renal diseases

Chairs: Justine Bacchetta & Nathalie Bravenboer

- **11:05 – 11:25: Consequences of hypoparathyroidism: relevant for the nephrologist?** (Lucile Figueres, Nantes, France)
- **11:30 – 11:55: Indications and utility of PTH analogs in patients with hypoparathyroidism** (Jean Philippe Bertocchio, Paris, France)
- **12:00 – 12:25: Treatment of patients with X-linked hypophosphatemia: real-world data** (Dieter Haffner, Hannover, Germany)

12:30 – 13:30: Lunch

13:30 – 18:00: Research Forum

The EUROD research forum gathers basic and clinical researchers, focusing on scientific progress in renal bone disease. The mission of the EUROD research forum is to share knowledge, foster collaboration, and enhance networking. The EUROD research forum comprises a mixture of invited mini lectures, selected free communications, and short pitches, with ample time for discussion.

13:30 – 15:00: Research Forum part 1

Chairs: Marie-Helene Lafage-Proust & Anja Verhulst

- 13:35 – 13:50 (FC):
- 13:55 – 14:10 (FC):
- 14:15 – 14:30 (FC):
- 14:35 – 14:55 (P): **Conquering challenging conditions: Creating European and global clinical trial networks in calciphylaxis** (Smeeta Sinha, Manchester, UK)

15:00 – 16:00: Coffee Break and Posters

16:00 – 17:30: Research Forum part 2

Chairs: Nathalie Bravenboer & Christa Maes

- 16:00 – 16:15 (FC):
- 16:20 – 16:35 (FC):
- 16:40 – 16:55 (FC):
- 17:00 – 17:20 (P): **Synergy in clinic and research; how to organize your practice to support your research** (Hege Philstrøm, Oslo, Norway)

17:25: Best Abstracts (*Pieter Evenepoel, Leuven, Belgium*)

19:00: Network Dinner (*De Optimist, registration necessary*)

***** Friday, Jan 16, 2026 *****

CME: CKD-associated Osteoporosis and Cardiovascular disease in Kidney Transplantation

Kidney transplantation is the best treatment option for kidney failure; however, despite improvement in kidney function, complications related to CKD persist post-transplant. More than

half of kidney transplant recipients exhibit ongoing disturbances of mineral metabolism, which may affect their risk of bone and vascular disease. These risks are compounded by the addition of immunosuppressive therapies. This CME will provide a contemporary view on bone and vascular disease in kidney transplantation, focusing on how to manage these conditions in relation to pre-transplant work-up and post-transplant care.

09:00 – 09:15 Welcome (Pieter Evenepoel, Leuven, Belgium)

09:15 – 10:00 CKD-associated osteoporosis in kidney transplantation

Chairs: Justine Bacchetta & Anibal Ferreira

- 09:15 – 09:35 **Bone health in kidney transplant candidates (Carlo Alfieri, Milan, Italy)**
- 09:40 – 10:00 **Impact of kidney transplantation on bone and mineral metabolism (Hanne Skou Jørgensen, Aarhus, Denmark)**
- 10:05 – 10:25: **Bone health in paediatric kidney transplantation (Agnieszka Prytula, Gent, Belgium)**
- 10:30 – 10:45: **Panel Q&A**

10:45 – 11:30 Coffee Break & Faculty Photo

Session 2 CKD-associated cardiovascular disease in kidney transplantation

Chairs: Maria Fusaro & Hanne Skou Jørgensen

- 11:30 – 11:50 **Cardiovascular health in kidney transplant candidates and recipients (Antonio Bellasi, Lugano, Italy)**
- 11:55 – 12:15 **Novel therapeutic options for cardiovascular health after kidney transplantation (Martin de Borst, Groningen, The Netherlands)**
- 12:15 – 12:30 **Panel Q&A**

12:30 – 13:30 Lunch

Session 2 Treatment considerations

Chairs: Pieter Evenepoel & Mathias Haarhaus

- 13:30 – 13:55 **Glucocorticoid-induced osteoporosis** (Julien Paccou, *Lille, France*)
- 14:00 – 14:25 **Precision medicine: Balancing steroid exposure, rejection risk, and infections after kidney transplantation** (Dirk Kuypers, *Leuven, Belgium*)
- 14:30 – 14:55 **Optimizing bone health after kidney transplantation** (Thomas Nickolas, *St Louis, US*)
- 15:00 – 15:20 **Panel Q&A**

15:20 Concluding remarks (Pieter Evenepoel, *Leuven, Belgium*)

15:30 – 16:30 Coffee and Networking